


MCGILL UNIVERSITY RESEARCH CENTRE FOR STUDIES IN AGING



# BRAINY BOOMER

## Lecture Series



McGill

Faculty of  
Medicine and  
Health Sciences



**A Series of Public Educational Lectures on Healthy Aging!**

## PROTECTING YOUR SIGHT: Simple Steps to Prevent Eye Disease

**Dr. Christopher Serhan, Optometrist**

**Date: Wednesday, October 8, 2025 - 12pm -1pm**



**Join us for an informative session with tips on  
prevention, early detection, and everyday habits for  
lifelong vision.**

\* Conference will be presented in English.

**JOIN US!**

**Presented  
by the MCSA Education  
Committee, McGill  
University Research  
Centre for Studies  
in Aging**

### Join Zoom Meeting

[https://mcgill.zoom.us/j/81254260223?  
pwd=qtAUaUYSGrAcwrJv3bfHSaGnxSOUo0.1](https://mcgill.zoom.us/j/81254260223?pwd=qtAUaUYSGrAcwrJv3bfHSaGnxSOUo0.1)

**Meeting ID: 812 5426 0223**

**Passcode: 853855**

**Need Help? Contact  
[brainy.boomer-mcsa@mcgill.ca](mailto:brainy.boomer-mcsa@mcgill.ca)**