



Applying for the [Old Age Security](#) pension and the [Guaranteed Income Supplement](#) can sometimes feel overwhelming.

To help the people you serve access Old Age Security and the Guaranteed Income Supplement benefits, we are sharing simplified information on how to apply online through [My Service Canada Account](#).

Attached and linked below, you will find a toolkit that includes:

- key messages about Old Age Security benefits, the online application process and delaying pensions;
- detailed factsheets to help clients apply for a [pension](#) and [benefits](#);
- [resources](#) to help people plan for retirement and to better understand benefits; and
- [a visual](#) that you can use in your social media posts, in emails or on screens throughout your organization.

Why apply online

Applying for a pension and benefits through [My Service Canada Account](#) has many advantages:

- apply at any time;
- access tools and information to help you make informed decisions;
- get instant confirmation that your application has been received;
- access accurate and up-to-date information about your benefits; and
- find help and information on additional benefits you may qualify for.

How you can help

We encourage you to share this information with your clients and throughout your networks to spread awareness and support for those applying for pension benefits.

Ways for Canadians over 65, their families, and seniors-serving organizations to stay informed

- Follow the [Seniors in Canada](#) Facebook page, and share our [latest post](#) encouraging people to apply online through [My Service Canada Account](#).
- Sign up to the [Secretary of State \(Seniors\) newsletter](#).