



## **UGRA Spring Forum**

April 17, 2025 1:30 pm

### **Arboretum Centre and Zoom**

1:30 PM Mix and Mingle, Zoom opens

2:00 PM Welcome and Opening Remarks: UGRA President Clarence Swanton

2:05 PM Greetings from the University:

Justine Richardson, Director of the Arboretum

2:10 PM **Dr. Jane Kuepfer** - Aging and Spirituality

Speaker Introduction- Alan Filewod

Note Taker – Alan Filewod

2:50 PM BREAK (refreshments provided)

3:05 PM **Dr. Laura Middleton** Strategies to Reduce the Risk of Dementia

Speaker Introduction- Rich Moccia

Note Taker – Rich Moccia

3:45 PM Speaker thanks and Gifts- Peter Krell

3:55 PM Closing Remarks – Clarence Swanton

**Save the Date-** UGRA Annual General Meeting, **June 19, 2025**