Victoria Tremblay presents…
Costa Rica: A World of Nature
February 19 – March 3, 2023

For more information contact
Victoria Tremblay
519-993-4685
victoria.tremblay@transat.com

Book Now & Save $100 Per Person
Small Group Travel rewards travellers with new perspectives. With just 12-24 passengers, these are the personal adventures that today’s cultural explorers dream of.

13 Days ● 24 Meals: 12 Breakfasts, 4 Lunches, 8 Dinners

HIGHLIGHTS... Tortuguero National Park, Cooking Demonstration, Sarapiqui, Tirimbina Rainforest Centre, Chocolate-Making Demonstration & Tasting, River Safari, Forest Reserve Guided Walk, Hanging Bridges, Arenal Volcano, Choice of Zip Lining or Volcano Lava Field Hike, Manuel Antonio National Park, Jungle Crocodile Safari & Bird Watching

**ITINERARY AT A GLANCE**

Day 1  Doubletree Cariari Hotel, San Jose  
Days 2, 3  Evergreen Lodge, Tortuguero  
Days 4, 5  Tilajari Hotel Resort, San Carlos  
Days 6 – 8  Arenal Springs Resort, Arenal  
Days 9 – 11  Los Suenos Marriott Costa Rica, Playa Herraduras  
Day 12  Doubletree Cariari Hotel, San Jose  

*On some dates alternate hotels may be used.*

Expansions: These small group tours give travellers access to the world in a truly authentic way. On these active, immersive journeys, travellers connect with the cultures of the world on a deeper, more meaningful level in ways that are hard to replicate. The group size is kept small, allowing these journeys to be the most active, engaging, and rewarding experience possible.

Day 1: Sunday, February 19, 2023 San Jose, Costa Rica - Tour Begins

*Pura vida.* In English, it translates to “the simple life.” But *pura vida* is so much more: it’s an attitude; a celebration of life in the moment. It’s time to experience what *pura vida* means to you. You’re on your way to explore a place that’s unlike anywhere else in the world, where *pura vida* is an unofficial motto and a way of life. Welcome to the emerald of Central America: Costa Rica.

Day 2: Monday, February 20, 2023 San Jose - Tortuguero National Park

Seemingly endless mountain horizons. Complex evergreen forests. These are the wonders of Tortuguero National Park. Travel by boat to your hotel before heading further down the rivers and canals to the world’s first sea turtle research station. Next, a local will teach you all about his village and its previous history as a coconut plantation. Watch as he demonstrates how they use coconuts before trying your hand at making a local favourite: coconut candy. Later, have time to explore Tortuguero town with your Tour Manager. Get away from it all and relax at your lodge set in the middle of the jungle, your home for the next two nights. From the morning calls of the monkeys to the gentle chatter of the birds, listen to the active sounds of the rainforest around you. *(B, L, D)*

Day 3: Tuesday, February 21, 2023 Tortuguero National Park - Sarapiqui - San Carlos

Begin the day on an excursion to search for the elusive green macaw and other unique winged creatures that flock to Tortuguero. Embark on a nature cruise, getting a glimpse into the life of jaguars, manatees, ocelots, and more. The rest of the day is yours to enjoy your Tortuguero resort. *(B, L, D)*

Day 4: Wednesday, February 22, 2023 Tortuguero National Park - Sarapiqui - San Carlos

Take a boat back to the mainland and make your way towards Sarapiqui and Tirimbina Rainforest Centre. Spend time at a cacao plantation and see the process of converting the seed from bean to bar, tasting for yourself why cacao is called “the food of the gods.” Later, arrive at your secluded nature resort, nestled on the edge of the San Carlos River. Stroll the butterfly and botanical gardens lined with fruit trees, including lemon, soursop, guava, mango and tangerine. *(B, L, D)*

Day 5: Thursday, February 23, 2023 San Carlos

Explore the beauty of your surroundings on a Peñas Blancas River Safari. Paddle and float down the river on a peaceful adventure, taking in the sights and sounds of the rainforest as your naturalist guide describes the intricacies of the wildlife around you. Visit the *finca* of a local family and try specialty snacks such as banana bread, gourmet Costa Rican coffee and more. End your day with a guided walk through a private, primary forest reserve for a look at the various flora and fauna. *(B, D)*

Day 6: Friday, February 24, 2023 San Carlos - Hanging Bridges - Arenal

Today, suspended over the rainforest floor, relish a bird’s-eye view of the jungle on a guided tour of Arenal’s famous hanging bridges. High above the jungle canopies, marvel at a cloud forest taking shape around you. Settle into your resort where you’ll be surrounded by striking views of Arenal’s famous volcano for the next 3 nights. *(B, D)*

Day 7: Saturday, February 25, 2023 Arenal

Today, it’s your choice! Since Costa Rica is the birthplace of zip lining, glide over the canopies on a mind-blowing rip through the jungle -OR- make your way across lava fields for an up-close-and-personal look at the volcano on a moderate hike along the trails formed by lava during the 1968 eruption. The afternoon is yours. Perhaps you’ll discover the town of La Fortuna or relax in the hotel’s
naturally heated pools. Also consider an optional excursion to a family-owned finca with an included farm to table lunch. (B, D)

Day 8: Sunday, February 26, 2023 Arenal
In the shadow of Arenal Volcano, the day is yours to enjoy at leisure. Perhaps you will opt to immerse yourself in wildlife as you float along a river on the Cano Negro Wildlife Refuge cruise, or, if you’re feeling adventurous, opt for an exhilarating white water rafting experience.** Or simply hang back at the resort, choose a spa service, explore the grounds, and soak in one of Arenal’s famous hot springs. (B)

Day 9: Monday, February 27, 2023 Arenal Volcano - Coffee Plantation - Playa Herradura
This morning, wake up and smell the coffee at a local farm that produces some of Costa Rica’s well-known beans. Take a tour with local plantation workers and have a chance to discuss what life is like for these coffee farmers. In the afternoon, head to Playa Herradura and settle into your resort for the next 2 nights. As the day draws to a close, watch the sun set over the Pacific alongside birds in every colour of the rainbow. (B, D)

Day 10: Tuesday, February 28, 2023 Playa Herradura
Today is yours to spend as you please. Take advantage of your resorts many amenities and enjoy a quiet day by the pool or at the spa. If you’re looking for more adventure, there are ample opportunities in the surrounding area to fish, hike and enjoy nature. (B)

Day 11: Wednesday, March 1, 2023 Playa Herradura - Manuel Antonio National Park - Playa Herradura
Welcome to Manuel Antonio National Park, home to verdant rainforests and white sand beaches. In this natural wonderland, traverse the trails where the wild things are, or go for a swim in the turquoise waters as wildlife rummages in the canopies. (B)

Day 12: Thursday, March 2, 2023 Playa Herradura - Tárcoles - San Jose
See wild crocodiles among the mangroves of Tárcoles’ Rio Grande. On this exhilarating jungle crocodile safari, you’ll boat beneath the towering jungle, looking along the river banks for a glimpse of these incredible creatures. Then say goodbye to the coast and hello to San Jose. Toast to the pura vida of Costa Rica tonight over a farewell dinner. (B, L, D)

Day 13: Friday, March 3, 2023 San Jose - Tour Ends
Bid Costa Rica farewell as your tour comes to an end today. (B)

PLEASE NOTE:
Book Now rates valid until Jul 19, 2022, valid on air inclusive packages only.
PROOF OF CITIZENSHIP: PASSPORTS AND VISAS
Documentation is required by foreign governments for all trips outside Canada. You should visit Global Affairs Canada at https://travel.gc.ca/ for general information about passports and visa requirements. Some countries require a visa in addition to a valid passport for entry, so it is important that you check with the appropriate foreign consulate or embassy for specific entry requirements and details you need to know regarding how and when to obtain the visa. Please remember the possession of valid passports and necessary visas are the responsibility of each client/passenger. If you would like assistance in ensuring you have the proper visa(s) for your trip outside of Canada, we would be happy to refer you to a company that can assist you. We strongly recommend that you have a valid passport (with seven-month validity) for all travel outside Canada.
Please be advised transit visas may be required if connecting through a country on route to your final destination.

For more information visit
https://gateway.gocollette.com/link/1086206
INSURANCE
When travelling outside Canada, health insurance is required. Contact your booking agent for more details.

TRAVEL CONDITIONS
There may be different living standards and practices and different standards and conditions with respect to the provision of services and accommodations outside of Canada.

Museum visits and shopping may be affected by the observance of religious or local holidays.

The days and order of sightseeing may change to best utilize your time on tour.

Hotel check-in on your day of arrival is 3:00 p.m. Rooms may not be available prior to that time.

Smaller buses, which may not be lavatory equipped, may be used on this program. In this case, frequent stops are made during travel periods.

Single accommodations are limited and are available on a first come, first served basis.

IMPORTANT TRAVELLERS INFORMATION
We want you to enjoy your tour with us; therefore, it is important that you know this tour is an adventure! You will view spectacular scenery while experiencing the culture and heritage of the region. We have selected small, comfortable hotels and eco-lodges for their locations and they may be considered rustic. Air conditioning and elevators are not available in all properties used on this tour. Travellers must be in good health as sightseeing requires walking on uneven terrain; wheelchairs and walkers cannot be accommodated on this tour.

To complete your tour, we **include** roundtrip airport-to-hotel transfers when purchasing our airfare with your tour. If you have arranged for your own air, we are pleased to provide you the option of **purchasing** these transfers. Please note that all transfers will leave at pre-scheduled times.

*Due to luggage size and weight restrictions on the boats, please bring an overnight bag for the 2-night stay in Tortuguero National Park. Your main luggage stays in San Jose and joins you upon your return to the mainland.

**White water rafting is subject to the operator's safety restrictions.

Travel with no more than 24 guests on this tour where a smaller group setting means a more personal travel experience.

The overall activity level of this tour is a level 3. This means you're an on-the-go traveller. You don’t want to miss a thing, so walking and standing for longer periods of time (1-2 hours) isn’t a big deal. You can navigate hills and uneven ground, climb into various modes of transportation (tuk-tuk, cable car, Zodiac, etc.), and could possibly anticipate changes in elevation. You can expect some longer days balanced with free-time to recharge or set out on your own adventure.

Please be advised many airlines do not provide advance seat assignments until check-in at the airport. Advance seating will be subject to the airline’s terms and conditions.

Economy air rate and schedule are applicable for groups of 10 or more travelling on the same flights and dates.

A deposit of $600 per person is due upon reservation. Reservations are made on a first come, first served basis. Reservations made after the deposit due date of July 12, 2022 are based upon availability. Final payment due by December 21, 2022. Deposits are refundable up until July 19, 2022.

BC Reg. #23337; Travel Industry Council of Ontario Reg. # 3206405
If paying by credit card, please complete this form and return to Victoria Tremblay. We can only charge your credit card for the amount noted if the signature, address and phone number are listed below. Thank you!

**CREDIT CARD AUTHORIZATION FORM**

**BOOKING NUMBER:** 1086206

**TOUR:** Costa Rica: A World of Nature featuring
Tortuguero National Park, Arenal Volcano & Manuel Antonio National Park

**DEPARTURE DATE:** February 19, 2023

**GROUP NAME:** Victoria Tremblay

Name of Passenger:

Salutation: __________ First Name: ____________________ Middle Initial: ________ Last Name: ____________________ Suffix: ________

(Mr., Mrs., Rev.) (Please print as it appears on Passport) (Jr., Sr.)

Cardholder Name: ____________________________________________

(Please print as it appears on your Credit Card)

Cardholder Address: ____________________________________________

(as it appears on your credit card statement)

Cardholder Phone: ____________________________________________

Credit Card Type: __American Express     __MasterCard     __Visa

Credit Card Number: ____________________________________________

Expiration Date: ________________ Amount to be charged: $ ________________

Cardholder’s Signature: ____________________________________________________________________________ Date: ________________

I agree to pay according to the card issuer agreement. I understand and accept Collette cancellation policy, terms and conditions.

Participating credit card companies are now requiring a billing address and phone number for **FRAUD PREVENTION**. All information MUST be provided. Thank you for your cooperation!

If using your credit card for payment, please return this Authorization Form by mail to:

**Victoria Tremblay**
525 Victoria Road North
Guelph, ON N1E 7M3

☐ Above credit card information has been called in to Collette.
BOOKING NUMBER: 1086206
DEPARTURE DATE: February 19, 2023
GROUP NAME: Victoria Tremblay

Available Options

Personalize your tour by adding an optional activity below. Our recommended options have been carefully chosen to help enhance your individual experience. Complete the provided Prepaid Options Form to reserve your options.

Availability is limited and reservations are on a first come, first serve basis. Payment must be received no later than 15 days prior to departure. Prices are subject to change.

Children under the age of 18 MUST be accompanied by an adult.

Arenal

<table>
<thead>
<tr>
<th><strong>Natri Spa Treatment—Arenal Springs</strong></th>
<th><strong>$247 CAD</strong></th>
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<tbody>
<tr>
<td>“What is good for the body is good for the soul.” A well-deserved spa visit provides a complete treatment experience to replenish your mind, body and soul. Experience supreme pampering and relaxation with a choice of one of several different exhilarating spa service packages. Each package includes 3 different spa treatments from aromatherapy and mud massages to exfoliation and reflexology. Certified therapists will guide you to a province of complete relaxation as you enjoy unforgettable therapeutic facial and body treatments. Your choice of packages are:</td>
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</table>

- **Citrus Spa Package (135 minutes)** – Citrus Exfoliation, Aromatherapy Massage, Natural Mask
- **Sanctuary Package (135 minutes)** – Herb Exfoliation, Relaxing Massage, Reflexology
- **Springs Spa Package (125 minutes)** - Sugar & Honey Exfoliation, Mud Massage, Facial Massage   This option is available only to those guests who are staying at the Arenal Springs Hotel. **Duration: Approximately 2 hours.** Please note a minimum of 1 passengers is required. Transportation is included.

Cano Negro Wildlife Refuge Cruise

<table>
<thead>
<tr>
<th><strong>$99 CAD</strong></th>
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<tbody>
<tr>
<td>Embark on a Cano Negro guided riverboat trip in a panga (covered canoe). These 20,000 acres are home to the largest viewable collection of indigenous wildlife in all of Costa Rica. Go in search of crocodiles, river otters, sloths, river turtles, exotic birds and rare butterflies  <strong>Duration: Approximately 8 hours.</strong> Please note a minimum of 10 passengers is required. Transportation is included.</td>
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White Water Rafting Experience

<table>
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<tr>
<th><strong>$99 CAD</strong></th>
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<tbody>
<tr>
<td>Embark on a fun-filled white water rafting adventure that is great for all levels of rafters. The half-day adventure on the Rio Balsa or Sarapiqui River provides plenty of action and thrills, but with milder white water rapids, Class II-III. Your river guide will pick you up at your hotel and join you on a short drive to the “put-in” spot where the fun begins. Guests will receive a thorough briefing and explanation of the safety equipment and procedures. Once everyone has had time to practice and review the commands and “high-fives” you will embark on your journey down the rapids. Get wet and wild as you navigate rapids on your 2-hour adventure tour down the beautiful and tropical river. Drink in the majestic foliage of the rainforest as you watch for monkeys, sloths and toucans while you raft. You will come to understand the meaning of Costa Rica’s favourite saying, “Pura Vida!” and the best Class II-III white water rafting in the region!  <strong>Duration: Approximately 3.5 hours.</strong> Please note a minimum of 10 passengers is required. Transportation is included.</td>
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Costa Rican Farm

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<tr>
<th><strong>$62 CAD</strong></th>
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<tr>
<td>Envelop yourself in Costa Rican culture at Finca Don Juan. Explore this family-owned farm, getting a peek into the daily lives of the locals. During a tour of the gardens, learn how the plants are organically grown through the concept of sustainability. The farm considers itself a “classroom without borders.” Taste the exotic fruit harvest and experience the traditional way to process sugar cane. Enjoy a sip of cane liquor before engaging in a culinary demonstration and a farm-to-table lunch.  <strong>Duration: Approximately 3.5 hours.</strong> Please note a minimum of 8 passengers is required. Transportation is included.</td>
</tr>
</tbody>
</table>
For Reservations Contact: Victoria Tremblay 519-993-4685
e mail: victoria.tremblay@transat.com
Victoria Tremblay, 525 Victoria Road North, Guelph, ON N1E 7M3

A deposit of $600 per person is due upon reservation. Reservations are made on a first come, first served basis. Reservations made after the deposit due date of July 12, 2022 are based upon availability. Final payment due by December 21, 2022. Deposits are refundable up until July 19, 2022.

YOUR INFORMATION:
Clearly print your full name (first/middle/last) as it appears on your government issued travel documentation.

IMPORTANT: In order to avoid any unnecessary change fees, it is imperative that all guest names are entered correctly from the start. The information below must be the legal name and be 100% identical to the ID being used to travel <passport/driver’s license> including middle names or suffixes <Jr, Sr>.

First: ______________________ Middle: ______________________ Last: ______________________ Suffix: ______________________
Nickname: ______________________ Gender: ( ) Male ( ) Female Date of Birth: month __________ day __________ year __________

Address: __________________________________________________________ City: ______________________ Province: ______________________ Postal Code: ______________________
Phone: ( ) ______________________ Cell: ( ) ______________________ Email Address: ______________________

Passport Number: ______________________ Expiration Date: (dd/mm/yy) ______________________ Date of Issuance: (dd/mm/yy) ______________________

City, Province, Country of Issuance: ______________________ Citizenship: ______________________

Should you become ill or injured, whom should we contact (not travelling with you): ______________________ Phone: ( ) ______________________

ROOMING WITH: [ ] Check if address is the same as Passenger #1
First: ______________________ Middle: ______________________ Last: ______________________ Suffix: ______________________

AIR GATEWAY: Departure airport for this tour: ______________________

Air Seat Request: ( ) Aisle ( ) Window ( ) Next To Travelling Companion
Collette cannot guarantee your seat preference. If you have not purchased air through Collette and wish to purchase transfers, you must transfer at our pre-scheduled times.

Please be advised, when travelling as part of a group, many airlines do not provide seat assignments. Preferred seating may be available for an additional charge.

“Federal law forbids carriage of hazardous materials such as aerosols, fireworks, lithium batteries & flammable liquids aboard the aircraft in your checked or carry-on baggage. A violation can result in 5 years’ imprisonment and penalties of $250,000 or more. Details on prohibited items may be found on TSA’s “prohibited items” web page:
http://www.tsa.gov/traveller-information/prohibited-items.”

TRAVEL PROTECTION: ( ) Yes, I wish to purchase travel protection $449 ( ) No, I decline

If you choose not to purchase Collette’s Waiver Insurance Plan, you will incur penalties for changes and cancellations. Travel Protection Payment is due with first deposit. The Waiver Fee does not cover any single supplement charges which arise from an individual’s travelling companion electing to cancel for any reason prior to departure. The single supplement will be deducted from the refund of the person who cancels. (There is coverage under Part B which includes a single supplement benefit of $1,000 for certain covered reasons. See Part B for details.)

ON TOUR ACTIVITIES: Please choose one of the following on tour activities
Please Choose One:
( ) Volcano Hike
( ) Sky Adventures

PLEASE MAKE CHEQUES PAYABLE TO: Victoria Tremblay ( ) Check ( ) Credit Card

Waiver/Insurance Amount: $________________ Deposit Amount: $________________ Total amount enclosed: $________________

Cardholder Name (if paying by Credit Card): ______________________

Cardholder Billing Address: [ ] Check if address is the same as above ______________________

Cardholder Phone: ______________________ Amount: $________________

Credit Card Number: ____________ Expiration Date: ____________ M M Y Y

SIGNATURE REQUIRED for acceptance of the below conditions and agreement to credit card use:

______________________________ Date:

I agree to pay according to the card issuer agreement. I understand and accept the cancellation policy, terms and conditions. See http://www.gocollette.com/about-collette/terms-and-conditions for full terms and conditions of your purchase.

Important Conditions: Your price is subject to increase prior to the time you make full payment. Your price is not subject to increase after you make full payment, except for charges resulting from increases in government-imposed taxes or fees.
**TOUR:** Costa Rica: A World of Nature featuring Tortuguero National Park, Arenal Volcano & Manuel Antonio National Park

**GROUP NAME:** Victoria Tremblay

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**AVAILABLE PREPAID OPTIONS**

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**PASSENGERS NAME:** (Please submit a separate form for each passenger)  
Salutation: ____ First:___________________ Middle:_________________ Last:_________________  
Suffix:____ Nickname:_________  
**(Mr., Mrs., Rev.) (Please print EXACTLY as it appears on Passport)  
(Jr., Sr.)**

<table>
<thead>
<tr>
<th>Option</th>
<th>Price Per Person (CAD)</th>
</tr>
</thead>
<tbody>
<tr>
<td>✔ Natri Spa Treatment-Arenal Springs</td>
<td>247.00</td>
</tr>
<tr>
<td>This option is available only to those guests who are staying at the Arenal Springs Hotel.</td>
<td></td>
</tr>
<tr>
<td>✔ Cano Negro Wildlife Refuge Cruise</td>
<td>99.00</td>
</tr>
<tr>
<td>✔ White Water Rafting Experience</td>
<td>99.00</td>
</tr>
<tr>
<td>✔ Costa Rican Farm</td>
<td>62.00</td>
</tr>
</tbody>
</table>

Please make cheques payable to Victoria Tremblay and send to:

Victoria Tremblay  
525 Victoria Road North  
Guelph, ON N1E 7M3